Summit County adolescents report having attempted suicide, and 1 in 3 are depressed. CG&FS recognizes that these rates are higher than the averages for the State of Ohio and for the Nation. To help address the underlying causes and work to ensure that no child sees suicide as a better alternative than living, the American Psychiatric Foundation selected us to offer their evidence-based program Typical or Troubled® to help raise awareness of indicators of adolescent depression with the express purpose of reducing suicide attempts.

1 in 10
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Children who experience stress, who are neglected, who have experienced trauma, or have witnessed violence...these experiences alter the physiological structure of the brain.

Our early childhood intervention and prevention programs are helping our youngest children build healthy brains.

Children today face many challenges...

1 in 10 children miss school every day for fear of being bullied.

With our School-based programs, we work with local schools to provide on-site support including counseling, case management, classroom support, advocacy for needed accommodations, crisis intervention, and professional development.

We also offer innovative programs for adolescents and teens. HipHop to Health brings physical activity and creativity to group programs for young women. Our collaboration with the Girls on the Run Program helps teen and pre-teen girls to address physical health and mental health as an integrated approach to healing.

Building Brains...

Our therapeutic programs and services help children and adolescents overcome challenges, and reverse the effects trauma and stress have on their brain development. The result is a healthier child.

CG&FS Trauma Services have been a specialty since its establishment in 1939 when The Great Depression had such debilitating effects on our children and families. A diverse set of programs, therapies and services are offered. Trauma experiences are destructive; strong scientific evidence shows the impact these experiences have on the physiological development of a child’s brain.

Sand Tray Therapy is a safe and non-threatening technique where children, youth and adults who have been impacted by trauma are able to share their situation in a safely contained space, where they can feel both in control and empowered while expressing what may be ‘inexpressible’.

HOPE Group is available as a safe space and educational group therapy setting for three different age groups: Children 3-12; Teens 13-18; and Caregivers.

Trauma–Focused Cognitive Behavioral Therapy is an evidence-based treatment child-parent psychotherapy approach for children who are experiencing significant difficulties related to traumatic life events.
of women experience postpartum depression. Children with depressive mothers are more likely to have cognitive delays such as language use, more likely to exhibit behavior problems and more likely to suffer depressive episodes of their own.

MommyCare is a support group for new moms and moms-to-be. A mothers’ health challenges can impact a child’s development, and the emotional and mental health of the infant. MommyCare helps to reduce that impact, allowing children to start their life in a healthier place; and helping mothers and families build stronger bonds and emotionally healthier family relationships.

10-15% of women experience postpartum depression. Children with depressive mothers are more likely to have cognitive delays such as language use, more likely to exhibit behavior problems and more likely to suffer depressive episodes of their own.

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Preschoolers are 3x more likely to be expelled than children in grades K-12.

Toddlers & Preschoolers Succeeding (TAPS) was established in 2006 to specifically impact this appalling statistic. Since its launch, 95% of children at risk for expulsion have remained in the classroom; over 10,000 children have been provided a TAPS-enhanced preschool.

10-15%

5,323

Clients served in our facilities

Sometimes getting to where help is can be a challenge for a child or for a family. CG&FS has five offices throughout the county — Barberton, Cuyahoga Falls, Ellet, Twinsburg and downtown Akron — in the heart of neighborhoods and communities, and on bus routes so that we can be more accessible when we are needed.
of children who need mental/emotional or behavioral healthcare are not getting treatment.

Incredible Years (IY) and other CG&FS Early Childhood Services provide intensive group and individual support to our youngest children and their families, helping to strengthen the family unit, the parent-child bond, and the young person’s social-emotional skills.

Our Qualified, Caring Team Produces Superior Outcomes Using Innovative And Proven Approaches

185 staff that includes child psychiatrists, psychologists, therapists, nurse practitioners, counselors, case managers, and other professionals are located in our five offices, our schools, pre-schools, area youth-serving agencies, medical practices and hospitals to ensure that every child has access to the help they need when they need it.

80% of children who need mental/emotional or behavioral healthcare are not getting treatment.

HealthCare Integration Project

In 2012, CG&FS initiated our HealthCare Integration Project (HCI) to provide integrated mental and physical healthcare to children in our community through partnerships and alignments with area pediatric medical facilities. The HCI project has embedded mental health works into pediatric primary care facilities and other physician’s offices, expanding accessibility to this holistic approach to healthcare to over 50,000 children and youth in our community. In 2015, the HCI project was enhanced to offer tele-psychiatry consultation between the hospital based pediatric site (Locust Pediatrics) and the CG&FS child psychiatry staff in cooperation with Akron Children’s Hospital, and has developed enhanced programmatic services to work with ESL parents and families, assisting the immigrants and refugees who have relocated to our community.
2015 Donations and Gifts

INDIVIDUAL AND ORGANIZATION GIFTS / $1000 AND UP

Akron Children’s Hospital
Akron Area YMCA
Albrecht Incorporated
ARCIS Technology Group Inc
Brouse McDowell
Edward Buehrle
Steve and Dawn Carter
Mark & Cathy Clark
Robert T. Clark
Robert B. Cooper
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Juanita Elizabeth Sanders Foundation
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Merryweather Family Fund of Akron Community Foundation
Ronald A. & Jean C. Meyers Family Fund of Akron Community Foundation

The Lehner Family Foundation
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The Mary S. and David C. Corbin Foundation
The Maynard Family Foundation
The Sisler McFawn Foundation
The Steven J. and Margaret E. Hopp Charitable Fund
The Welty Foundation
Tuscora Park Health & Wellness Foundation
Women’s Endowment Fund of Akron Community Foundation

Plus hundreds of smaller gifts from individuals and organizations throughout the community who provided many more thousands of dollars to help the children in our area who are struggling with issues and challenges that cannot be ‘seen’ but are felt with the greatest depth of pain. Thank you for making our children healthier, our families stronger, and our community richer.
Leadership

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2015 Financials

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- Program Expenses
- Support Expenses
We hear you. We’re here for you.

With offices in Akron, Barberton, Cuyahoga Falls and Twinsburg, and placements in local childcare centers, schools and physicians offices, Child Guidance & Family Solutions is where you need us when you need us.

For more information, appointments, or questions, call 330-762-0591 or visit cgfs.org.

CENTRAL OFFICE
18 N. Forge Street
Akron, Ohio 44304-1317
www.cgfs.org

FRONT STREET
2100 Front Street Mall
Cuyahoga Falls, Ohio 44221
Phone: 330-928-2042
Fax: 330-928-5127
Hours: 8:30am - 8:00pm Mon-Thur
8:30am - 5:00pm Fri

NORTH SUMMIT
2305 E. Aurora Road A-12
Twinsburg, OH 44087
Phone: 330-425-7111 or 330-798-8010 (local Akron)
Fax: 330-487-5195
Hours: 8:30am - 8:00pm Mon-Thu
8:30am - 5:00pm Fri
By appointment on Sat

SOUTHEAST SUMMIT
87 N Canton Road
Akron, Ohio 44305
Phone: 330-733-7993
Fax: 330-733-2242
Hours: 8:30am - 8:00pm Mon-Wed
8:30am - 8:00pm Thur
8:30am - 5:00pm Fri

SOUTHWEST SUMMIT
524 W Park Avenue
Barberton, Ohio 44203
Phone: 330-753-1096
Fax: 330-753-1278
Hours: 8:30am - 8:00pm Mon-Thur
8:30am - 5:00pm Fri