Does my child need help?
Here are a few questions to ask:

Does my child have:
- Ongoing tantrums
- Worries that make it hard to play or learn
- Acting-out behaviors - whining, yelling, hitting, kicking or swearing
- Inattention or inability to focus
- Aggression or refusal to follow rules
- Decline in school performance
- Hyperactivity or impulsivity

Has my child:
- Experienced significant change or loss - death in the family, divorce or a move
- Shown changes in behavior, mood or academic performance
- Witnessed or experienced a traumatic event

If you answered “yes” and your child is struggling at home or in school, call Child Guidance & Family Solutions.

Our compassionate, experienced therapists support families through challenging times by offering individual and family therapy to help with a wide range of concerns including school transition problems, depression, anxiety, difficulty dealing with loss or family changes, traumatic events, attention problems, parent-child conflicts and acting-out behavior.
How we can help.

The foundation for sound mental health is built early in life. Our early childhood services address developmental needs of young children from birth through age 8. By working closely with childcare providers, teachers and doctors, we provide the best possible care for your child and family whenever and wherever you may need it.

Services include:

Mental Health Assessments & Psychiatric Evaluation by counselors, nurse practitioners and Board certified psychiatrists

Play Therapy to help kids process their thoughts and feelings about stressful experiences and trauma that they might not otherwise be able to verbally process.

Individual Therapy to address anxiety, depression, attachment-related issues, behavioral issues, suicidal thoughts and general coping skills.

School-Based Therapy to help with bullying, violence, depression, anxiety, suicidal thoughts and behavioral issues within the school setting.

Case Management to connect children to other resources in the community.

Family Counseling and Group Therapy for strengthening social skills, coping with transition and reconnecting family bonds. Includes Incredible Years (IY) and MommyCare for new moms and moms to be, respectively.

Intensive Home-Based Treatment for youth with serious mental health issues that cause problems in daily life.

To learn more or schedule an appointment, call 330.762.0591

cgfs.org

Where you need us. When you need us.

Offices in Akron, Barberton, Cuyahoga Falls and Twinsburg plus services in daycare centers/preschools public school districts and pediatric offices.
CHILDHOOD CAN BE CHALLENGING AND STRESSFUL FOR BOTH CHILDREN AND PARENTS.

Does my child need help?
Sometimes caregivers need extra help, especially when a child is struggling. Here are a few questions to ask:

Does my child have:
- Worries that make it hard to play, learn or follow directions
- Difficulty sleeping or regular nightmares
- Challenges with social skills and building friendships
- Frequent feelings of anger, irritability or sadness

Has my child:
- Experienced significant loss, such as a death in the family or divorce
- Shown changes in behavior, mood, or academic performance
- Witnessed a traumatic event

If you answered “yes” and your child is struggling at home or in school, call Child Guidance & Family Solutions.

Our compassionate, experienced therapists support families through challenging times by offering individual and family therapy to help with a wide range of concerns including school transition problems, depression, anxiety, difficulty dealing with loss or family changes, traumatic events, attention problems, parent-child conflicts and acting-out behavior.
How we can help.

Listening. It is what we do before anything else. This is your journey, and it can only be told in your words. Whether you need to have a single conversation or something more frequent, we will consult with you and coordinate a pathway to your mental and behavioral well-being.

Services include:

Mental Health Assessments & Psychiatric Evaluation by counselors, nurse practitioners and Board certified psychiatrists.

Individual Therapy to address anxiety, depression, attachment-related issues, behavioral issues, suicidal thoughts and general coping skills.

School-Based Therapy to help with bullying, violence, depression, anxiety, suicidal thoughts and behavioral issues within the school setting.

Case Management to connect children to other resources in the community.

Early Intervention & Treatment for youth experiencing psychosis.

Family Counseling and Group Therapy for strengthening social skills, coping with transition and reconnecting family bonds.

Play Therapy to help kids process their thoughts and feelings about stressful experiences and trauma that they might not otherwise be able to verbally process.

Intensive Home-Based Treatment for youth with serious mental health issues that cause problems in daily life.

To learn more or schedule an appointment, call 330.762.0591

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Where you need us. When you need us.

Offices in Akron, Barberton, Cuyahoga Falls and Twinsburg plus services in public schools and pediatric offices.
Does my teen need help?

Sometimes caregivers need extra help, especially when a teenager is struggling. Here are a few questions to ask:

Does my teen have:
- Increased worries or anxiety about school
- Difficulty developing and maintaining friendships
- Frequent feelings of anger, irritability or sadness

Has my teen:
- Experienced significant loss, such as a death in the family or divorce
- Chosen to isolate her/himself and had suicidal thoughts
- Witnessed a traumatic event
- Been using alcohol or drugs

If you answered “yes” and your teen is struggling at home or in school, call Child Guidance & Family Solutions.

Our compassionate, experienced therapists support families through challenging times by offering individual and family therapy to help with a wide range of concerns including school transition problems, depression, anxiety, difficulty dealing with loss or family changes, traumatic events, attention problems, parent-child conflicts and acting-out behavior.
How we can help.

Listening. It is what we do before anything else. This is your journey, and it can only be told in your words. Whether you need to have a single conversation or something more frequent, we will consult with you and coordinate a pathway to your mental and behavioral well-being.

Services include:

- **Mental Health Assessments & Psychiatric Evaluation** by counselors, nurse practitioners and Board certified psychiatrists.

- **Individual Therapy** to address anxiety, depression, attachment-related issues, behavioral issues, suicidal thoughts and general coping skills.

- **School-Based Therapy** to help with bullying, violence, depression, anxiety, suicidal thoughts and behavioral issues within the school setting.

- **Case Management** to connect teens to other resources in the community.

- **Early Intervention & Treatment** for youth experiencing psychosis.

- **Family Counseling and Group Therapy** for strengthening social skills, coping with transition and reconnecting family bonds.

- **Intensive Home-Based Treatment** for teens with serious mental health issues that cause problems in daily life.

- **Substance Abuse Treatment** to build the motivation and skills to change behavior.

To learn more or schedule an appointment, call 330.762.0591

cgfs.org

Where you need us. When you need us.

Offices in Akron, Barberton, Cuyahoga Falls and Twinsburg plus services in public schools and pediatric offices.