HELPING FAMILIES LEAD HEALTHIER LIVES

Since 1939 Child Guidance & Family Solutions (CG&FS) has been working with children, teens and families who are dealing with emotional, mental and behavioral health challenges. We are accessible through our offices in Barberton, Cuyahoga Falls, Downtown Akron, Ellet and Twinsburg, through our presence in 8 school districts and more than 20 preschools throughout Summit County. In our offices alone over 2000 children, adolescents and families visit us each week for counseling, education, support and treatment. We are available 24-7-365 providing crisis services to our children and families who find themselves in an emergency situation.

CG&FS works with a coalition of social services agencies, mental health professionals, civic mentors, courts and education leaders to address the emotional and mental health challenges faced by struggling families and individuals.

CG&FS is funded, in part, by the United Way, the Alcohol, Drug Addiction and Mental Health Services Board and accredited by the Joint Commission on Accreditation of Healthcare Organizations and through the generous donations of individuals and corporations in our community who recognize that healthy children create a richer community.

There is no health without mental health. Helping children become healthier in both mind and body establishes the foundation for a more successful educational experience, stronger family relationships, and more satisfying peer friendships. Without being mentally healthy and emotionally strong, we cannot be physically healthy. And the impact of this mind-body relationship is critical to the approach that CG&FS employs in its clinical work.

For more information please visit us online at cgfs.org or call 330-762-0591.

About Child Guidance & Family Solutions

Child Guidance & Family Solutions provides services designed to wrap around the collective mental health needs of children, teens and their families with treatment, prevention and education. Our vision calls us to provide the tools and resources to enable people to live fulfilling and productive lives. Child Guidance & Family Solutions, funded, in part, by the United Way, the Alcohol, Drug Addiction and Mental Health Services Board and accredited by the Joint Commission on Accreditation of Healthcare Organizations, has been weaving together the fabric of family in Summit County for over 70 years.

CENTRAL OFFICE
18 N. Forge Street, Akron, Ohio 44304
Phone: 330-762-0591

FRONT STREET OFFICE
2100 Front Street, Cuyahoga Falls, Ohio 44221
Phone: 330-928-2042

NORTH SUMMIT OFFICE
2305 E. Aurora Road, A-12, Twinsburg, Ohio 44087
Phone: 330-425-7111 Akron Phone: 330-798-8010

SOUTHEAST SUMMIT OFFICE
87 N. Canton Road, Akron, Ohio 44305
Phone: 330-733-7993

SOUTHWEST SUMMIT OFFICE
524 W. Park Avenue, Barberton, Ohio 44203
Phone: 330-753-1096

An affiliated agency of the County of Summit Alcohol, Drug Addiction and Mental Health Services Board. Accredited by the Joint Commission on Accreditation of Healthcare Organizations.
SUPPORT FOR PRESCHOOLERS

Is your preschooler showing these signs for concern?
> severe worry or anxiety
> refusal to take part in normal activities
> persistent disobedience or aggression
> frequent temper tantrums

Ten percent of all preschoolers suffer from an emotional or mental health concern. Group counseling is an effective way to help children and parents. CG&FS is the leader in providing coping and living skills in groups, through programs such as Help me Grow and Incredible Years.

HELP FOR SCHOOL-AGE CHILDREN

Is your school-age child:
> afraid or unwilling to go to school
> struggling with inattention and/or hyper-activity
> showing signs of aggressive behavior
> expressing suicidal thoughts or self-destructive behaviors

Children with such problems struggle to do well at school. Fortunately, CG&FS counselors work with in 8 school districts and at over 20 schools to help children. We also coordinate services to work with families in their home, and with other agencies and services when necessary. Each of our five office locations is staffed with child psychiatrists, counselors and therapists who are experts in helping children and families build healthy, happy and successful lives.

REACHING OUT TO ADOLESCENTS

Do you worry that your teen:
> has anger management issues
> is suffering from the effects of a traumatic event such as the death of a loved-one
> is excessively sad and may be living with depression
> has drug and/or alcohol abuse problems
> has no friends and seems ‘lost’

CG&FS offers specialized programs for youth, such as substance abuse prevention, pregnancy prevention and Integrated Co-Occurring Treatment (when a behavioral problem is compounded by drug or alcohol abuse).

SUPPORT FOR FAMILIES

Does anyone in your family
> face social, emotional or behavioral difficulties
> have difficulty establishing or maintaining relationships and friendships
> have mental health problems complicated by substance abuse
> struggle with marriage and divorce adjustment

Prevention and mental health education programs are available for families experiencing challenges. Our professional team of child psychiatrists, nurses specialists, psychologists, social workers, therapists and mental health counselors can help make sense of difficult situations.

One in ten children under the age of 18 “suffers from mental illness severe enough to cause some level of impairment.”
Office of the Surgeon General

Nearly 50,000 children, teens, men and women in Summit County suffer from a mental disorder each year.

For more information please visit us online at cgfs.org or call 330-762-0591.