



OHIO APPROVED TRAININGS

To schedule a training, please contact Barbara Werstler, Early Childhood Initiatives Manager at (330) 762-0591 or wersb@cgfs.org

DECA Implementation Training 0-5 3 Hours

- This training covers the Devereux Early Childhood Assessment program from birth through age five. Participants will learn the rationale behind using the DECA, how to interpret results and how to utilize those results in planning activities and classroom interactions which will promote resilience and social emotional development.
**Stacy, Susan, Brooks, Jessica*

Flip it! Overview & Four Steps 6.5 Hours

- FLIP IT is a four step process rooted in developing emotional awareness in order to increase emotional control and reduce challenging behaviors in children ages 3-8. FLIP IT can be used with multiple children at the same time during minor challenges throughout a day or used as a targeted intervention that can support the emotional growth of a child displaying specific behavior concerns. This session is 6 hours or 1.5 hours for 5 sessions.
**Stacy, Katie, Brooks*

Behavior Management and Prevention 2.5 Hours

- Participants will be given information regarding the possible functions of behavior and how they, as early childhood professionals or parents, can recognize behavior as a call for help and not disobedience for intent of disrespect. This knowledge will be strengthened by several opportunities to reflect upon positive intervention techniques that are research and evidence based from Conscious Discipline, DECA, and Dr. Bruce Perry. The participants will have opportunities to problem solve case examples using techniques presented through small group discussion, reflection activities, and make and take forms.
**Shannon, Stacy, Susan, Brooks*

Preventing Power Struggles 3 Hours

- Preventing Power Struggles is a Conscious Discipline driven training, focusing on the skills of composure, assertiveness and empathy, three of the seven skills of Conscious Discipline. People create power struggles when they feel powerless, after this workshop my hope is the participants will find themselves more empowered to handle what life challenges they face. Reducing the number of struggles in their life, whether they are between parent and child, care giver to child or adult to adult.
**Shannon, Stacy, Susan, Brooks*

Creating the School Family 1.5 Hours

- Participants will utilize the Conscious Discipline self-assessment rubric for the School Family to identify areas in which they can further develop. Each area of the rubric will be examined: structures, rituals, and routines. Opportunities to share ideas already being implemented as well as to obtain new ideas and practice skills will be provided.
**Shannon, Stacy, Susan, Brooks*



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The Seven Skills of Discipline- Part 1 3 Hours

- During this training, participants will learn about the Conscious Discipline Brain State principles, the different states of the brain, and their relevance to our behavior. Participants will also learn the 4 of the 7 skills of Conscious Discipline including composure, assertiveness, choices, and positive intent and the basics of how to implement these skills into an early childhood classroom.
**Shannon, Stacy, Susan, Brooks*

The Seven Skills of Discipline- Part 2 3 Hours

- During this training, participants will also learn 3 of the 7 steps of Conscious Discipline including encouragement, empathy, and consequences and the basics of how to implement these skills into an early childhood classroom. Participants will also learn how about building a school family in their classroom.
**Shannon, Stacy, Susan, Brooks*

Classroom Transitions 1.5 Hours

- Participants will learn four types of transitions and effective strategies to help children through these transitions. Strategies will focus on empowering children and decreasing opportunity for conflict during transition
**Stacy, Susan*

Baby Doll Circle Time 3 Hours

- This training will cover the Brain Smart Principles from Conscious Discipline and the principles of attunement, attachment, and social play from Baby Doll Circle Time. The training will also cover the implementation of Baby Doll Circle Time and demonstrate the curriculum. Participants will be invited to ask questions and create a sample curriculum of their own to implement Baby Doll Circle Time into the classroom. Through understanding the underlying principles and being prepared to effectively implement Baby Doll Circle time in the classroom, teachers will be equipped with an intervention to promote positive social-emotional and behavioral outcomes.
**Brooks, Rebecca*

Building Your Bounce 1.5 Hours

- The quality of service that adults provide to children and families is directly impacted by the manner in which they care for themselves. This training is designed to explore the importance of taking care of and promoting the social and emotional health of the caregiver.

Early Childhood Traumatic Stress and Trauma-Informed Care 3 Hours

- Participants will define trauma and its impact on subsequent development, the biological/neurological basis of traumatic stress, how to recognize the signs and symptoms of traumatic stress in young children, and how best to address the unique trauma-related needs of young children.
**Katie, Karen*



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Developmental Appropriate Practices 3 Hours

- Designed to help participants carry out DAP in their daily routine, curriculum planning and implementation, classroom management while building healthy social/emotional development of each individual child in an early childhood classroom.
**Jessica, Susan*

Attachment 3 Hours

- Participants will define attachment and why it is critical to child development, understand the difference between secure and insecure attachment, be able to identify risks to healthy attachment and signs of insecure attachment, and learn attachment building skills
**Katie*

Handling Difficult Behaviors in Preschoolers 1.5 Hours

- Participants will describe how praise and positive attention increases desired behaviors, while strategically using the ignore technique decreases undesired behaviors, be able to understand natural and logical consequences, and demonstrate ways to help children learn to self-regulate

Strengthening Relationships with I Love You Rituals

- I Love You rituals build connections when used as a routine and a ritual. I Love You rituals guides us all to reconnect with children and strengthen the bonds of hope for the future.
**Stacy, Shannon*

Building Teacher/Caregiver Relationships 1.5 Hours

- Participants will learn the importance of building relationships with parents/caregivers and families. Along with techniques to build relationships and make the relationships stronger.
**Jessica*

Resilient Play Building Social & Emotional Development Through Play 3.0 Hours

- Participants will discover social & emotional development, resiliency and inner protective factors, what is play and the different types of play along with strategies to incorporate play in building social and emotional development.
**Jessica*



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